

MERIDIAN PROGRAM REFERENCE AND INTERNAL REFERRAL GUIDE

THIS IS A CATALOG OF THE VARIOUS PROGRAMS AND KEY ADMINISTRATIVE DEPARTMENTS MERIDIAN HAS TO OFFER AND IS DESIGNED AS A REFERENCE POINT FOR STAFF. A BASIC OUTLINE OF EACH PROGRAM/DEPARTMENT IS PROVIDED ALONG WITH DETAILS FOR CONTACTING AND REFERRING INDIVIDUALS TO THE PROGRAM.

STEP-BY-STEP INSTRUCTIONS FOR INITIATING, RECEIVING, AND COMPLETING INTERNAL REFERRALS ARE INCLUDED IN APPENDIX A (PAGE 22)

-- PLEASE BE SURE TO NOTIFY CLIENTS WHEN YOU ARE MAKING A REFERRAL ON THEIR BEHALF --

BELOW IS THE BASIC TEMPLATE USED FOR EACH PROGRAM *

PROGRAM NAME Program Manager(s) / Director(s) Population(s) Served: e.g., Adult MH, Adult SA, Adult Co-occurring, Child MH, Child SA, Child Co-occurring, or any Specialized Population Brief overview of program operations, functions, services provided, etc. Minimum Eligibility Critoria:

Minimum Eligibility Criteria:

- Minimum criteria for program participation

Exclusionary Criteria:

Any factors that may prevent participation

Point(s) of Contact: Name / Title (Specific individual(s) within the d

[Specific individual(s) within the department where staff should initially direct all program-related inquiries]

POC Contact Info – Extension and/or MBH Cell
[Email will not be listed unless it differs from name(s) listed as POC]

Internal Referrals / Requests:

- Specific instructions related to internal referrals or requests and/or to whom they should be directed

External Referrals / Requests:

- Specific instructions related to referrals or requests initiated from external sources and/or to whom they should be directed

Important Notes:

- Any additional notes about the program or other important program-related info to convey [This may include things like answers to FAQs, common issues/discrepancies, or other relevant program info]

^{*} To add new programs or make changes to programs listed, please fill in all of the program information using the grid above or update the existing program grid and email to: Ql Department@mbhci.org.

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ACCESS CENTER

Program Manager - Delora Rollins

Population(s) Served: All

A centralized triage, information, assessment, and referral system designed to allow clients ease of access to the most clinically appropriate and cost-effective treatment services available. Access Center processes all external referrals, manages waitlists, and completes intake assessments and scheduling for new patient appointments. A sub-assessment is completed, and basic information collected to screen individuals that Access Center schedules. This document can be found in the client chart in Clinical Records section under the Evaluations/Assessments tab.

Access Center processes referrals from various sources, such as doctors' offices, Department of Juvenile Justice, County Health Departments, etc., and schedules intake Biopsychosocial Evaluations for all 11 Meridian clinics and over 50 clinicians. Access Center also schedules the Post-Inpatient Therapy appointments as follow-up for clients who have been discharged from our inpatient Acute Care facilities. In addition to scheduling, Access Center processes program-specific Internal Referrals for the following: Buprenorphine Clinic; Vivitrol Clinic, Bridge House Residential, MIST Residential, and Recovery Center.

When external referrals come into the Access Center, they are processed in the following manner: two separate calls are made to the number(s) on file, then, if no contact is made, a letter is sent informing the individual advising them that they have been referred for services and requesting they call in to schedule an appointment. All individuals should be encouraged to contact the Access Center to follow up on their referral. Please note, individuals may self-refer to Meridian at any time to schedule an appointment; a referral is not required prior to engaging in services.

Minimum Eligibility Criteria:

- Ages 3+

Exclusionary Criteria:

- Follow-up (e.g., Individual Therapy) or Med Services psychiatric appointments are handled by the Scheduling Line and should be referred to Ext. 5097
- Baker Act and Marchman Act requests, questions and/or concerns should be forwarded to the Emergency Screening programs located in the Gainesville and Lake City Acute Care Crisis Stabilization Units; Emergency Screening can be reached at Ext. 5095

Point of Contact: Delora Rollins Ext. 8285

Internal Referrals:

- Ext. 5096
- Email: accesscenter@mbhci.org

External / New Patient Referrals:

- Send to Fax: 352.244.0308
- Complete online: https://www.mbhci.org/getting-started/referrals/

Important Notes:

- Access Center serves as Meridian's official Crisis Line during normal business hours; after hours, the Crisis Line rolls to the Emergency Screening program
 Clinical evaluations to determine if individuals meet criteria for different programs are NOT conducted by Access Center; the specific criteria for each program
- is determined and assessed by their clinical staff/management
 Access Center uses ONLY Ext. 5096, though extensions 5155 and 2001 were formerly used Please DO NOT use or give out any old extensions

ACUTE CARE – CRISIS STABLIZATION UNIT (CSU)

Medical Director – Mathew Nguyen
Vice President – Ashley Tozier
Assistant Director of Nursing – Vacant
Nurse Manager (Lake City) – Shalonda Ford
Nurse Manager (Gainesville) – Vacant
Director Inpatient Counseling – Vacant

Population(s) Served: Adult MH & Child MH

Meridian's CSUs provide short-term stabilization for individuals in crisis situations and acute mental health needs for adults and children. Each unit serves as a Baker Act Receiving Facility and accepts any patient meeting Baker Act criteria. Individuals may also be admitted to the CSUs voluntarily if less restrictive treatment is not assessed to be more appropriate at the time. CSUs provide physical and psychiatric evaluations, medication, counseling, therapeutic activities, and discharge planning. CSUs may also petition the court for longer-term treatment as needed. Follow-up psychiatric and clinical services may be provided in the office of the client's county of residence, either at Meridian or a provider of the patient's choice.

Minimum Eligibility Criteria:

- Severe symptoms related to MH diagnosis(es)
- Imminent danger to self/others or at risk of danger/decompensation without intervention

Exclusionary Criteria:

- Inpatient level of care not appropriate

Points of Contact:

Shalonda Ford – Lake City Donna Ingersoll-Rowland (Unit Supervisor & Interim Contact) – Gainesville Ext. 8306; Cell: 352.215.0917 Ext. 8650; Cell: 352.647.1913

Internal Referrals:

- Any clinician within Meridian who is initiating an involuntary examination must complete the BA3052 within the EMR
- Clients on the Gainesville or Lake City campuses should be walked directly to the CSU for screening and admission
- For clients in the community or outlying clinics, staff should contact local law enforcement to assist with transport

External Referrals:

- Fax to: 352.244.0295

Important Notes:

- If an individual's primary issue/concern is needing medications refilled, please refer to the Medical Service Psychiatry program (Page 12)

ACUTE CARE – DETOX – ADDICTIONS RECEIVING FACILITY (ARF) Medical Director – David Kirby Vice President – Ashley Tozier Assistant Director of Nursing – Vacant Nurse Manager – Vacant Director Inpatient Counseling – Vacant

Population(s) Served: Adult SA, Adult Co-occurring

Detox is an ASAM Level 3.7-D program located on the Gainesville campus. The program provides medical and non-medical (non-narcotics) detoxification services under the supervision of a physician and nursing staff primarily for alcohol, benzodiazepines, and opiates. Admissions are screened for tuberculosis and risk factors associated with HIV and provided with assessments and HIV education and treatment. The admissions process includes medical and psychological assessment, consent to treatment or Marchman Act, nursing assessment, vital signs, inventory of personal effects and program introduction

ACUTE CARE - DETOX -ADDICTIONS RECEIVING FACILITY (ARF)

Medical Director - David Kirby Vice President – Ashley Tozier Assistant Director of Nursing - Vacant **Nurse Manager – Vacant Director Inpatient Counseling – Vacant**

and orientation. Vital signs are checked per physician orders. Laboratory tests, medications and referral for further medical evaluation may be initiated upon order from physician. Alco-sensor checks are done regularly on clients with alcohol intoxication until they have a .00 reading. Clients are reevaluated by a licensed nurse at least once each shift to determine appropriateness of participation in unit activities.

In order to remain in the program after acute intoxication or withdrawal passes, the client must have an established history of dependence, want to pursue treatment, or be court ordered to do so, and have a history of at least 3 severe use complications, which include 2 of the following: blackouts, continued signs or symptoms of withdrawal, health problems related to substance abuse, neglect of self-care, overdoses, suicidality or suicide attempt.

Medical and supportive counseling provide additional assistance to clients in active withdrawal from the physiological effects of mood-altering substances. Clients also meet with the Discharge Planner and are referred to other programs and services, as appropriate.

Minimum Eligibility Criteria:

- Meet ASAM 3.7-D criteria

Exclusionary Criteria:

Negative drug screen (excludes alcohol)

Point of Contact: Ashley Tozier

Ext. 8216; Cell: 352.672.0916

Internal Referrals:

For additional information or bed availability inquiry, please call the emergency screeners at ext. 5095

External Referrals:

- Clients being referred for detox can arrive to the unit 24/7 on a walk-in basis for screening and admission, as appropriate

Important Notes:

- There is no inpatient or medical detoxification from marijuana or cocaine; individuals using primarily/exclusively these substances do not meet criteria for inpatient detoxification admission

ACUTE CARE - EMERGENCY SCREENING

Program Vice President – Ashley Tozier Program Director (Gainesville) - Trinidy Thomas Program Director (Lake City) – Vacant

Population(s) Served: Adult MH, Adult SA, Adult Co-occurring; Child MH, Child Co-occurring

Emergency Screening is a 24/7 program that offers screening, assessment and referral for individuals in crisis and in need of services. Individuals may utilize services on a voluntary or involuntary basis, as appropriate/eligible. The Screening departments are housed on the Lake City and Gainesville campuses and serve as the point of reception for all Acute Care programs. As such, Emergency Screeners evaluate individuals for admission to the Acute Care programs, i.e., Adult Addictions Receiving Facility/Inpatient Detoxification, and the Adult and Child Crisis Stabilization Units.

In cases where individuals are determined inappropriate or ineligible for admission to inpatient Acute Care services, discharge planning services are provided prior to release in order to connect them to Outpatient or other community-based programs and services.

Emergency Screening also operates as the afterhours Crisis Line between the hours of 5:30 p.m. and 7:30 a.m., when Access Center is closed.

Minimum Eligibility Criteria:

- Ages 18+: In Acute MH or SA Crisis
- Under age 18: In Acute MH Crisis

Exclusionary Criteria:

Minors are not eligible for SA Acute Care services

Points of Contact:

Gainesville – Trinidy Thomas Ext. 8640; Cell: 352.514.1465 Lake City - Ashley Tozier Ext. 8216; Cell: 352.672.0916

Internal & External Referrals:

- Ext. 5095

Important Notes:

- Staff referring clients for Emergency Screening, under a Baker Act or voluntarily, should:
 - » Provide report on behavior/symptoms and reason for referral to Emergency Screening staff or Program Director; and,
 - » Complete/sign all related clinical documentation as soon as possible, to ensure it is available for Screening staff to reference when completing intake evaluation and determining eligibility and/or appropriateness for admission to Acute Care.

ADVANCEMENT: MARKETING, EXTERNAL COMMUNICATIONS, PHILANTHROPY

Program Senior Vice President - Joy Riddle

Population(s) Served: All Meridian Employees and External Stakeholders

Meridian's Advancement department is responsible for planning, organizing and directing all phases of a comprehensive marketing, communications, media relations, and philanthropy plans. Internally we stock, manage, and distribute promotional items, brochures, and collateral pieces. Externally we create and manage messages about Meridian and increase support through public relations and philanthropic support. All calls for sponsorships, contributions, advertising, media contact, and community development activities should be routed to the Advancement department.

Points of Contact:

Joy Riddle - SVP, Marketing, Communications, and Advancement Ext. 8218 Sara Desmartin - Director of Partnerships & Engagement Ext. 8630 Eliza Philbin – Marketing Coordinator Ext. 8991 Catherine Adams - Administrative Assistant Ext. 8210

Internal Requests:

- Brochures, flyers, and promo items should be requested in advance via the employee intranet under "Marketing" in the "Quick Links" menu on the right

External Requests/Contacts:

- All external media requests and contacts should be forwarded to Joy Riddle.
- Please forward anyone who wishes to help/support Meridian to Joy Riddle or Sara Desmartin.

AFTERCARE

Program Director – Vacant

Population(s) Served: Adult SA, Adult Co-occurring

Aftercare is an ASAM Level 1 program that operates as a step-down for individuals with substance use disorders recently and successfully discharged from a higher level of care. Treatment in Aftercare takes place in a group setting with a focus on maintaining and building upon positive gains in treatment thus far. All groups include a discussion of relapse prevention techniques and related concerns, including recognition of triggers and warning signs of regression. Aftercare services support a healthy living environment and provide a forum for individuals to continue their education and development of new positive social skills/habits and coping strategies. With the highest occurrence of relapse being immediately following treatment, Aftercare engagement greatly increases the likelihood of continuing sobriety by offering continued growth in a safe environment while living in the community setting.

Minimum Eligibility Criteria:

- Meet ASAM Level 1 criteria
- Recent discharge from residential treatment

Exclusionary Criteria:

- No SA diagnosis

Point of Contact: Alan Paulin Ext. 8130

Internal Referrals:

- Alan Paulin

External Referrals:

- Not eligible at this time

Important Notes:

- At present, Aftercare only accepts clients stepping down from Bridge House Residential Treatment program; please contact Program Director for more info

ASSERTIVE COMMUNITY TREATMENT (ACT) TEAM

Program Director – Rhonda Lynch

Population(s) Served: Adult MH, Adult Co-occurring

The ACT model utilizes a multi-disciplinary team designed to provide comprehensive wrap-around treatment and services to individuals with severe and persistent mental illness who have not been successful in less intensive programs. The ACT Team includes members from psychiatry, nursing, outpatient, care coordination, and peer support who work collaboratively to provide integrated services. With the acuity of the individuals participating in ACT program, services are most often provided in the living environment with the goal of assertive engagement in treatment. ACT Team members conduct weekly staffing for each client to closely monitor their status and enhance or adjust services to meet the individual's ongoing needs. As services are highly tailored, there is a low staff-to-client ratio in the program and a limited caseload overall.

Minimum Eligibility Criteria:

- Ages 18 and older
- Must have a severe, chronic MH diagnosis

Exclusionary Criteria:

- Under the age of 18
- Not willing/able to engage in intensive services

Point of Contact: Rhonda Lynch Ext. 8972; 352.672.1868

Internal Referrals / Requests:

- Send to Rhonda Lynch

Important Notes:

- Clients are required to meet at least weekly with ACT Team
- ACT Team is part of the CCBHC Grant program

Program Director – Amanda Stephens

Population(s) Served: All

BILLING & COLLECTIONS

Responsible for program set-up and maintenance of allowable services in Essentia, timely billing of services, and Accounts Receivable management. Staff conduct daily review of services that have errors or require authorization and correct before event processing. Weekly claims submissions are completed to all insurances and monthly invoicing is done to fee-for-service contracts and self-pay accounts. Daily posting of all fee-for-service payments done in Essentia and self-pay deposit reconciliation all of locations. Billing Clerks work errors received on insurance remittance, advise payments, and work all services that have not been paid. Staff work to support to our patients with issues or questions regarding balances that are made via phone, internet, or website.

Points of Contact:

Amanda Cox-Miller – Billing Manager

Ext. 8236

Ext. 8075; Cell: 352.663.5374

Internal & External Referrals/Requests:

- Ext. 8323 or Email billing@mbhci.org

Pamela Kerby - Director of Billing

BRIDGE HOUSE – RESIDENTIAL TREATMENT

Program Director – Vacant

Population(s) Served: Adult SA, Adult Co-occurring

Bridge House is a 32-bed residential substance abuse treatment program located in Gainesville. Our philosophy is based on the 12 Step Model of Recovery and provides a 28-day to 90-day treatment program depending on diagnoses, severity of symptoms and aftercare planning. Meals are provided and clients are required to attend 12-step meetings and work with a sponsor while in residence. During their stay, clients will participate in daily groups, weekly individual therapy sessions, discharge planning, and daily activities, in addition to the 12-step meetings. Clients are eligible for weekly visitation after the first 7 days of their stay, as approved by the Treatment Team. Bridge House is a tobacco-free environment.

Minimum Eligibility Criteria:

- SA Diagnosis Primary
- Must meet ASAM Level 3.5 criteria for admission
- Must be free from intoxication or withdrawal symptoms that require 24-hour care, observation, or monitoring
- 30-days' worth of any prescribed medications

Exclusionary Criteria:

- Cannot accommodate registered sex offenders due to proximity to MIST Unit
- Family members, significant others, paramours, etc. are not permitted to be on the unit at the same time; they will remain on the waitlist until eligible for admission

BRIDGE HOUSE – RESIDENTIAL TREATMENTProgram Director – VacantPoint of Contact: Sabrina BrownExt. 8869; Cell: 352.672.0695

Internal & External Referrals:

- Contact assigned Access Center staff to obtain required info and place client on waitlist

Important Notes:

- If an individual has been actively using opiates, alcohol, or benzodiazepines, they must be cleared by Acute Care Detox Unit/ARF prior to admission
- Bridge House waitlist takes into account priority populations as required/defined in Chapter 394, Florida Statute (please reach out to Access Center and/or Admissions Coordinator for more info on priority populations)

CASE MANAGEMENT

Program Manager North – Rana Tallador Program Manager South – Megan Rhoades

Population(s) Served: Adult MH, Adult Co-occurring, Child MH, Child Co-occurring

Meridian offers targeted case management services to eligible clients, which includes assessment, planning, linkage, advocacy, service coordination and monitoring to assist beneficiaries in gaining increased independence through access to needed health and dental services, financial assistance, housing, employment, education, social services, as well as any other services and natural supports identified for development through the person-centered planning process. Targeted case management is provided in a responsive, coordinated, person-centered and effective and efficient manner focusing on processes and outcomes.

Minimum Eligibility Criteria - Adults:

- Chronic MH diagnosis(es); and at least ONE of the following:
 - » 2+ admissions to crisis stabilization unit within the past 12 months
 - » 3+ inpatient admissions (crisis stabilization unit and/or addictions receiving facility/detox) within the past 6 months
 - » 16+ days spent inpatient within the past 6 months
 - » Placed in an Assisted Living Facility
 - » Recently discharged from State Hospital

Minimum Eligibility Criteria - Children:

- Mental disability (emotional disturbance) which requires advocacy for and coordination of services to maintain/improve level of functioning.
- Must lack a natural support system with the ability to access needed medical, social, and other services.

Exclusionary Criteria:

- Private insurance
- Receiving duplicate case management services (e.g., Homeless Recovery, Forensic Intervention, CAT program, FACT Teams, Agency for Persons with Disabilities, etc.)
- Co-occurring with MH diagnosis(es) not primary

Points of Contact: Rana Tallador – Program Manager North Megan Rhoades – Program Manager South Ext. 8074; Cell: 386.209.0195 Ext. 8949; Cell: 352.647.1892

Internal & External Referrals:

- Megan Rhoades Alachua, Dixie, Gilchrist, Levy
- Rana Tallador Baker, Bradford, Columbia, Hamilton, Lafayette, Suwannee, Union

Important Notes:

- Case Managers do NOT assist with obtaining or changing social security benefits payees
- For information on the SOAR disability application/appeals process, see SOAR program (Page 19)

CENTRALIZED INTAKE TEAM (CIT)

Program Vice President – Alesha Smith Program Manager – Delora Rollins

Population(s) Served: All

The Centralized Intake Team (CIT) provides 24/7 same-day, walk-in, and telehealth evaluations for individuals who wish to begin services with Meridian. CIT completes the biopsychosocial evaluation, which is the first step to access Meridian services. Based on the intake evaluation, the CIT completes appropriate referrals and/or schedules clients for follow-up services.

Minimum Eligibility Criteria:

- Must live in the state of Florida.
- Must have a working camera on their computer/laptop/tablet/smart phone if utilizing telehealth services.

Exclusionary Criteria:

Out of state residents.

Points of Contact:

Centralized Intake Coordinator Ext. 8243

Delora Rollins Ext. 8285; Cell: 352.339.0063

Internal & External Referrals/Requests:

- For in person biopsychosocial evaluations, client may come to any Meridian office during the hours that the office is open.
- For telehealth, client can access services at https://www.mbhci.org/telehealth/.

Important Notes:

- Depending on their insurance, clients may have to schedule their biopsychosocial evaluation for a later date.
- Clients may experience wait times, and they are encouraged to come into the office as soon as possible when services are needed.
- Clients that come into an MBH office after 4:00 pm will be encouraged to reach out via Mend/telehealth or return to the office the following business day.
- CIT services may be utilized for DCF, court, and probation mandated mental health and substance use evaluations.

CERTIFIED COMMUNITY BEHAVIORAL HEALTH CENTER (CCBHC) GRANT

Program Vice President - Tina Harkness

Population(s) Served: Adult MH, Adult SA, Adult Co-occurring, Child MH, Child SA, Child Co-occurring

The CCBHC program provides wrap-around treatment and services for children and adults with mental health diagnosis and/or co-occurring substance use diagnoses. It is a more intensive level of care than traditional outpatient and is designed for individuals who are in need of multiple services. Clients engaged with the CCBHC program work with care coordinators and peer specialists to address ongoing needs, facilitate referrals to needed treatment and services, and to provide ongoing monitoring assessments consistent with the grant requirements.

CERTIFIED COMMUNITY BEHAVIORAL HEALTH CENTER (CCBHC) GRANT

Program Vice President – Tina Harkness

- Minimum Eligibility Criteria:
 Ages 5+
- Must have a MH and/or SA diagnosis

Exclusionary Criteria:

- Under age 5
- Limited treatment/services needs
- Engaged in MBH services for more than 30 days (unless recent circumstances alter level/intensity of care needs)

Point of Contact: Tina Harkness

Ext. 6144; Cell: 352.647.1229

Internal & External Referrals:

- Send to Tina Harkness

Important Notes:

- Clients must be willing to participate in routine assessments required for compliance with the federal grant requirements

CLIENT RELATIONS

Program Manager North – Kennidra Rossin Program Manager South – Sheremah DeJesus

Population(s) Served: All

The Client Relations department serves as the initial point of contact and front-line support for all clients coming into one of Meridian's outpatient clinics and to many individuals reaching out to Meridian by phone. The Customer Service Specialists and Operators provide a variety of intake, billing/fee collection, follow-up assistance, client support/direction, staff support, and client concern reporting. Depending on the size, location and services offered at a particular clinic, Client Relations staff may provide specialized assistance.

Points of Contact:

Sheremah DeJesus – Alachua, Dixie, Gilchrist, Levy, Marion, Putnam Kennidra Rossin – Baker, Bradford, Columbia, Hamilton, Suwannee, Union Ext. 8266 Ext. 8079

Internal & External Referrals/Requests:

- Sheremah DeJesus or Kennidra Rossin based on service area/location

Important Notes:

- Client Relations staff are NOT clinically trained to handle clients exhibiting extreme behaviors and may reach out to clinical management or other clinical staff on-site for assistance in situations requiring de-escalation or other clinical interventions; clinical management/staff should make every effort to respond as quickly as possible in these situations

COMMUNITY ACTION TEAMS (CAT)

Program Director - Michael Giebelhouse

Population(s) Served: Adult MH, Adult Co-occurring, Child MH, Child Co-occurring

Our CAT programs are intensive and short-term, with treatment and services typically lasting 3 to 9 months. The program structure is designed specifically for young people with a mental health diagnosis or co-occurring substance use diagnosis who are at risk for out-of-home placement and for whom less intensive levels of treatment have been ineffective or inappropriate. Clients engaged with CAT programs receive a full range of wrap-around services including case management, counseling, medication management, and mentoring.

Minimum Eligibility Criteria:

- Ages 11 to 21 with at least one of following:
 - » Repeated failures at less intensive levels of care
 - » Involvement with law enforcement, Dept. of Juvenile Justice, Partnership for Strong Families or Dept. of Children & Families
 - » 2 or more hospitalizations or repeated failures
 - » Poor academic performance and/or suspensions/expulsions
 - » Currently in Statewide Inpatient Psychiatric Program (SIPP) or residential treatment
- Children under 11 may be eligible for services if they meet 2 or more of the criteria above

Exclusionary Criteria:

- Ages 22+

Points of Contact:

Priscilla Thomas – Lake City Team Lead (Columbia, Hamilton, Lafayette, Suwannee) | Cell: Michael Giebelhouse – North Team Lead (Baker, Bradford, Nassau, Union) | Cell: (Vacant) – Tri-County Team Lead (Dixie, Gilchrist, Levy) | Cell:

Cell: 352.647.1895 Cell: 352.316.4301 Cell: 352.681.9755

Internal Referrals:

- Transfer to Michael Giebelhouse

External Referrals:

- Send to: catreferral@mbhci.org

Important Notes:

- NE CAT program provides treatment and services in Nassau County, which is outside Meridian's normal service area; Nassau contains several northeast cities, including Fernandina Beach, Yulee, and parts of Jacksonville

COMMUNITY MENTAL HEALTH CENTER (CMHC) GRANT

Program Director North – Sunday Wilson Program Director South – Brenda Dorminey

Population(s) Served: Adult MH, Adult SA, Adult Co-occurring, Child MH, Child SA, Child Co-occurring

Our CMHC program provides wrap-around treatment and services designed specifically for children, adolescents, and young adults with a mental health diagnosis and/or co-occurring substance use diagnosis. It is an intensive, short-term program, with services typically lasting around six months. Clients engaged with the CMHC program receive a full range of treatment and services including care coordination, counseling, medication management, and peer specialist involvement.

Minimum Eligibility Criteria:

- Between ages 5 to 25
- Must have a MH and/or SA diagnosis
- Must live within our service areas

Exclusionary Criteria:

- Over the age of 25
- Not willing to engage in intensive services

ICOMMITNITY MENTAL BEALTH CENTER (CMBC) GRANT	Program Director North – Sunday Wilson Program Director South – Brenda Dorminey
Points of Contact:	
Brenda Dorminey – Alachua & Tri-County (Dixie, Gilchrist, Levy)	Ext. 8488; 352.672.1878
Sunday Wilson – Columbia, Hamilton, Lafayette, Suwannee	Ext. 8886; 352.681.9803

Internal & External Referrals:

- Email or send to Amy McCaughan

Important Notes:

- No financial qualifiers needed; Accept both Medicaid and private insurance

FAMILY SERVICES – FAMILY INTENSIVE TREATMENT TEAM (FITT) Program Manager – Megan Rhoades

Population(s) Served: SA Adult

The Family Intensive Treatment Team (FITT) provides wrap-around clinical services for families involved with the child welfare system/Dept. of Children and Families (DCF) with the goal of reducing child welfare recidivism. Eligible families are those that reside in Alachua or Levy County, have a substance use disorder that impairs the parenting, judgement, or ability to safely care for the child in the family, and a child in the family has been determined to be "unsafe." Families are not eligible for FITT if there is no goal of reunification or there are no safety concerns in the home. For admission to the program, referrals must come directly from DCF/Partnership for Strong Families (PSF).

Minimum Eligibility Criteria:

- Parent with an identified substance abuse problem that is negatively attributing to their ability to parent
- Must have in-home or judicial involvement with PSF
- Parents must have at least one child between the ages of 0 and 10
- Residents of Alachua & Levy Counties

Exclusionary Criteria:

- No current involvement with PSF

Point of Contact: Megan Rhoades Ext. 8949; Cell: 352.647.1892

Internal Referrals:

- Send directly to Megan Rhoades
- Must indicate confirmation on referral of current involvement with PSF and a child between the ages of 0 and 10.

External Referrals:

- Referrals from PSF are sent directly to Program Manager

Important Notes:

- FITT works with clients with involvement in the Child Welfare system
- Internal referrals are evaluated for appropriateness but cannot be accepted until an official referral is received from PSF

FAMILY SERVICES – FAMILY INTERVENTION SERVICES (FIS)

Program Manager North – Rana Tallador Program Manager South – Megan Rhoades

Population(s) Served: SA Adult and SA Child

The Family Intervention Services program is for parents whose substance use impairs their parenting ability or judgement to safely care for their children. Priority is given to families in which a newborn has tested positive for drugs or there are substance abuse concerns in a home with children ages 0 to 3. Services include substance abuse and mental health assessments, linkages to local services/treatment options, monitoring of drug use and advocacy for the client in order to reduce barriers to engage in treatment. Referrals for this program must come directly from DCF/PSF.

Minimum Eligibility Criteria:

- Current child welfare involvement due to parental substance abuse negatively impacting ability to adequately parent

Exclusionary Criteria:

- Not actively involved with child welfare

Points of Contact:

Rana Tallador – Program Manager North

Megan Rhoades – Program Manager South

Ext. 8074; Cell: 386.209.0195

Ext. 8949; Cell: 352.647.1892

Internal Referrals:

- Internal referrals not accepted

External Referrals:

- Referrals submitted to FIS workers by Child Protective Investigator or Family Care Counselor

Important Notes:

- FIS works with clients through Partnership for Strong Families and Department of Children and Families

FINANCIAL COUNSELORS

Program Director – Pamela Whitehead

Population(s) Served: All

The Financial Counselors are responsible for completing crucial tasks with clients to ensure reimbursement for services are accurate and provided. The Financial Counselors work to ensure each and every client has a valid up-to-date Consent to Treat documentation on file. Financial Counselors work with Access Center to determine insurance by checking eligibility, co-pay, and deductible, and attempt to qualify uninsured for Lutheran Services at initial contact and check daily schedules for patient's that need review. Financial Counselors also completed checks Medicaid eligibility on all active clients at the beginning of each month. If staff need support related to these topics, or notice a missing or incorrect payor source, and/or if the client has questions on copay/benefits, they can be referred to the Financial Counselors for assistance.

Minimum Eligibility Criteria:

- Must be a resident of Florida to be eligible for sliding scale

Exclusionary Criteria:

- Sliding scale not available for anyone with active insurance benefits.

Point of Contact: AzzuDee Johnson – Lead Financial Counselor Ext. 8955

Internal & External Referrals:

- Ext. 5099 or Email: financial_counselors@mbhci.org

FINANCIAL COUNSELORS

Program Director – Pamela Whitehead

Important Notes:

- Family size and income are used to determine where individuals fall on the sliding scale
- Income guidelines are set by the state
- Financial Counselors may not be posted in all outlying clinics; staff in these areas can reach out to Financial Counselors if there are any questions about client responsibility, Consent to Treat documentation, or eligibility/benefits
- For questions related to insurance authorizations or authorization requests, please refer to Utilization Management program (Page 21)

FORENSICS DIVERSION PROGRAMS

Program Director – Roberta Bondurant

Population(s) Served: Forensic Court-involved Adult MH, Adult SA, Adult Co-occurring

Forensics programs are involved in the specialty mental health courts – Felony Forensics and Misdemeanor Mental Health Courts. The team assists the courts and attorneys with criminal proceedings, release plans, and provides competency restoration training in the jail and community. The Forensics Team is responsible for monitoring and providing treatment for participants who have been deemed Incompetent to Proceed (ITP) or Not Guilty by Reason of Insanity (NGI), diverting them from forensic state hospitals, and monitoring participants in Forensic State Hospitals. They also provide jail- and community-based competency restoration services for clients with pending charges and provide case management services to clients involved in the criminal justice system.

The team addresses specialty needs applying the Sequential Intercept Model (SIM), utilizing outreach, intervention, and treatment services. The team also provides outreach, training, and collaboration with key stakeholders, including Law Enforcement agencies, Department of Corrections, Probation and Parole, the Courts, attorneys, and county governments.

Minimum Eligibility Criteria:

- Adults 18 and older.
- 916 state hospital clients: Incompetent to Proceed (ITP) & Not Guilty by Reason of Insanity (NGI)
- Court-ordered to attend Forensics Outpatient Program
- Probation agreement requires Forensics Outpatient Program attendance
- Current or recent charges

Exclusionary Criteria:

- No current or recent history of court involvement

Points of Contact:
Roberta Bondurant– Director
Shawnta Walker – CJMHSAG Manager
Jan Gibson – Forensics 916 Manager

Ext. 8224; 352.672.0249 Ext. 8948; 352.647.1908

Ext. 8863; 352.260.1735

Internal & External Referrals:

- Roberta Bondurant

Important Notes:

- For all outlying counties, except Levy, only felony NGI and ITP cases can be accepted.
- Cases in Levy County may be eligible for their Mental Health Court Program; these cases must be referred through Levy County Public Defender's Office.

HOMELESS RECOVERY SERVICES (GBHI)

Program Director - Vacant

Population(s) Served: Adult SA, Adult Co-occurring

Homeless Recovery Services provides wrap around treatment and services for people who have experienced chronic homelessness and a mental health and/or substance abuse issue. Clients who would like to engage in treatment toward recovery from homelessness will work with a community-based team made up of clinicians, care coordinators, peer specialists and a nurse. Mental health, substance abuse, income stability, housing resources, community connectedness, and overall well-being will be the focus of treatment while working with HRS.

Minimum Eligibility Criteria:

- Currently homeless or at risk of homelessness
- Substance use disorder(s) or co-occurring MH and SUD
- Must have a VI-SPDAT assessment completed by Meridian GHBI staff
- Individual must be located in Alachua County

Exclusionary Criteria:

- Has stable housing
- Client who does not meet minimum scoring on VI-SPDAT

Point of Contact:

Homeless Recovery Services Program Line Sara Zarb – Outreach Coordinator Ext. 8480

Cell: 386.209.0856

Internal Referrals:

- Send to Sara Zarb

External Referrals:

- Route to Ext. 8480

Important Notes:

- Currently able to work with individuals at varying stages of homelessness

HOUSING – JOYCE HOUSE

Program Manager – Reda Buchanan

Population(s) Served: Adult MH, Adult Co-occurring

Joyce House is an AHCA-licensed Level 4 Residential Treatment Facility located in Gainesville. It serves as a long-term housing option for individuals within the severe and persistent mental illness (SPMI) client population who benefit from living in the residential housing environment, but who do not require 24/7 monitoring or care. Joyce House provides semi-structured opportunities for participation in psychoeducational groups, including life skills, social skills, and rehabilitation services groups. Independence is encouraged for Joyce House residents, and they are frequently engaged in other Meridian programs/services to address their ongoing needs. Staff provide routine engagement, consistent with this less restrictive level of care, and assist residents in their continued development of independent living skills. The ultimate goal of the staff is to enable individuals to achieve their maximum level of independence, thus enabling them to be able to transition to a less restrictive living environment.

HOUSING – JOYCE HOUSE Program Manager – Reda Buchanan

Minimum Eligibility Criteria:

- MH diagnosis(es) consistent with SPMI population

Exclusionary Criteria:

- Unable to complete Activities of Daily Living independently

Point of Contact: Reda Buchanan 352.378.4583; Cell: 352.275.7168

Internal & External Referrals:

- Reda Buchanan

Important Notes:

- Joyce House is a voluntary program; individuals must be able to understand and adhere to program guidelines

HOUSING - LODGE AT MERIDIAN

Program Manager – Kandis Patrick

Population(s) Served: Adult MH, Adult SA, Adult Co-occurring

The Lodge at Meridian offers short-term transitional housing for individuals with mental health and/or substance abuse concerns and who are either homeless or in danger of homelessness and are at risk for decompensation or relapse if homeless and in the community environment. All individuals housed at the Lodge must be actively engaged and receiving treatment and/or services through one of Meridian's outpatient programs. The Lodge also provides a step-down option for individuals who are being discharged from the State Hospital and require more routine Case Management or Care Coordination involvement.

Minimum Eligibility Criteria:

- Serious MH and/or SA concerns
- Actively receiving services from an outpatient program

Exclusionary Criteria:

- Unable to complete activities of daily living independently

Point of Contact: Kandis Patrick Ext. 8286; Cell: 352.316.5263

Internal & External Referrals:

- Kandis Patrick

Important Notes:

- Housing staff are not able or qualified to provide any monitoring or assistive services to individuals in the Lodge; primary MBH program is responsible

HOUSING - NEW HORIZONS PROPERTIES

Program Manager – Kandis Patrick

Population(s) Served: Adult MH, Adult Co-occurring

New Horizons Properties (NHP) partners with Meridian to offer housing for individuals with chronic and persistent mental health concerns. Individuals live in apartment-style setting and are responsible for independently maintaining their residence. Tenant screening and selection procedures are based upon the NHP Tenant Selection Plan, which is reviewed and updated annually by the NHP Board of Directors in accordance with HUD regulations and monitoring. Considerations when screening for final eligibility and placement include the following: disability status (corroborated and documented by a physician), income level, rental history, criminal background check, sex offender conviction/registration and credit checks.

Minimum Eligibility Criteria:

- Physician-documented history of severe and persistent MH concerns
- Meets minimum and maximum income threshold requirements

Exclusionary Criteria:

- Unable to complete activities of daily living
- Co-occurring; MH not primary

Point of Contact: Kandis Patrick Ext. 8286; Cell: 352.316.5263

Internal & External Referrals:

- Kandis Patrick

Important Notes:

- Individuals completing housing application must provide copies of the following: birth certificate and social security card for all individuals, and identification card and proof of income/government benefits (or self-certification of no income) for all adults in the household

HOUSING – TRANSITIONS

Program Manager – Reda Buchanan

Population(s) Served: Adult MH, Adult Co-occurring

Transitions is an AHCA-licensed Level 2 Residential Treatment Facility located in Gainesville. It serves as a long-term housing option for individuals with severe and persistent mental illness (SPMI) who benefit from living in a residential housing environment. Individuals in Transitions require a higher level of care, including 24/7 monitoring and outside assistance and/or prompting to address their activities of daily living. Transitions staff utilize best practice techniques to emphasize recovery-based living in every aspect of daily life for all residents, with a focus on staff training in the seven competencies for effective psychiatric rehabilitation. Transitions provides a structured group recovery setting that offers monitoring of medication self-administration, assistance and education on monitoring of medical/psychiatric conditions, opportunities to participate in psychoeducational groups on life skills, social skills, and rehabilitation services, utilization of community resources and activities. The ultimate goal of the staff is to enable individuals to achieve their maximum level of independence, thus enabling them to be able to transition to a less restrictive living environment.

Minimum Eligibility Criteria:

- MH diagnosis(es) consistent with SPMI population

Exclusionary Criteria:

- Unable to complete Activities of Daily Living with prompting
- Serious/complex medical condition(s)

Point of Contact: Reda Buchanan Transitions: 352.378.4583; Cell: 352.275.7168

Internal & External Referrals:

- Reda Buchanan

Important Notes:

- Transitions is voluntary program; individuals must be able to understand and adhere to program guidelines

INFORMATION SERVICES (IS)

Program Vice President: Melisa Urrutia Program Director *Vacant* Program Manager - Michael Warren

The Information Services (IS) department includes the Information Technology (IT) and Business Information (BI), and Electronic Medical Record (EMR) teams. The IS department oversees management of all network information and communication systems and infrastructure, including all hardware, software, and electronic equipment and devices.

Point of Contact: IT Helpdesk

Ext. 8346

Important Notes:

- Links to the Helpdesk, IT Self-Help - Aids and Guides, and Meridian Training Videos are located on everyone's desktop, for reference.

INTENSIVE OUTPATIENT (IOP)

Program Directors:
Vacant (Lake City)
Nathalie Hervy (Tri-County)
Stefanie Jasper (Gainesville)

Population(s) Served: Adult SA, Adult Co-occurring

Intensive Outpatient Program (IOP) services are offered in Lake City, Gainesville, and Tri-County. IOP is an intensive substance abuse group program which are more restrictive than regular outpatient, but not as restrictive as residential treatment. Clients are expected to participate in a minimum of 9 hours of treatment per week and IOP groups are generally conducted 3 to 4 days per week for 3 hours at a time.

Minimum Eligibility Criteria:

- Age 18+
- Moderate to severe substance use manageable at an outpatient level

Exclusionary Criteria:

- MH diagnosis(es) only
- Neighbors, relatives, spouses, and/or significant others cannot be in the same group (with the exception of Family Therapy)

Points of Contact:

Secily Johnson – Executive Program Assistant Megan Flanagan – Outpatient Clinician Regina Romblad – Outpatient Clinician

Ext. 8409 Ext. 6297

Ext. 8136

Internal Referrals:

- Latifa Ranganadan Columbia
- Megan Flanagan Gilchrist, Levy
- Regina Romblad Alachua

External Referrals:

- Access Center

Important Notes:

- IOP groups are not conducted in all locations; clients wishing to participate would need to travel to one of the available locations for groups
- Program rules are more intensive than traditional outpatient and include, but are not limited to, the following:
- » Two absences are allowed; three may result in discharge and/or referral to higher level of care
- » If more than 15 minutes late or leave more than 15 minutes early, client will not receive credit for group and will require makeup
- » Abstinence-based; positive screens will result in added support and intensified treatment, including possible recommendations to higher level of care
- In cases where clients are referred to higher level of care, they may return to IOP upon successful completion

MEDICAL SERVICES – PSYCHIATRY

Program Director – Katherine Wheeler

Population(s) Served: Adult MH & Child MH

The Medical Services Psychiatry department consists of staff Psychiatrists, Advanced Practice Registered Nurses, and Certified Medical Assistants who provide triage and intake nursing, initial psychiatric evaluation, ongoing psychiatric medication management and monitoring, and prescription medication assistance to individuals seeking medication treatment and services for mental health. Medical Services Psychiatry department is not an intake program, so individuals must first minimally be seen for an initial screening by an Outpatient provider. Providers may also refer clients in their program if they are determined in need of psychiatric evaluation and/or medication-based interventions.

Minimum Eligibility Criteria:

- Ages 5+; Under age 5 requires prior approval by emailing Katherine Wheeler & Tiffany Thornton
- Biopsychosocial Evaluation must be completed by MBH staff prior to scheduling a Psychiatric Evaluation and recommending psychiatric services

Exclusionary Criteria:

- Seeking SA services only

Point of Contact: Medical Services Support Email medservsupport@mbhci.org

Internal Referrals:

- Send to Tiffany Thornton

External Referrals:

Contact Access Center

Important Notes:

- Disability, Fitness for Duty, and any other clearance evaluations or paperwork will NOT be completed and should not be scheduled with psychiatric providers

MEDICATION ASSISTED TREATMENT (MAT) – BUPRENORPHINE CLINIC

Medical Director – David Kirby
Nurse Manager – Dedrie Godbolt
Program Director (Palatka) – Patricia Bischoff
Clinical Manger (Chiefland & Lake City) – Christie McBee
Clinical Manager (Gainesville) – Vanessa Cumber

Population(s) Served: Adult SA

MEDICATION ASSISTED TREATMENT (MAT) – BUPRENORPHINE CLINIC

Medical Director - David Kirby **Nurse Manager - Dedrie Godbolt** Program Director (Palatka) – Patricia Bischoff Clinical Manger (Chiefland & Lake City) - Christie McBee Clinical Manager (Gainesville) – Vanessa Cumber

Medicated Assisted Treatment (MAT) provides evidence-based practice that combines pharmacological interventions (medication) with substance use disorder counseling for those struggling with addiction to opiates, alcohol, or both. Buprenorphine is a mixed opioid receptor agonist-antagonist and has been shown to reduce withdrawal symptoms and block the effects of subsequently administered opioids; this allows individuals the opportunity to establish a more stabilized lifestyle. Individuals receiving medications from the Buprenorphine Clinic will also receive individual and group outpatient therapy. The frequency and requirements for attendance will vary based on whether the individual is engaged in MAT services through the Outpatient or Outpatient Detox level of care. All services are provided to adults and their families/significant others by a treatment team of qualified individuals. The goal of therapy is to help the person served cope with individual problems that caused him/her to initially abuse drugs, and to affect a lifestyle change, both emotionally and physically.

Pregnant females, regardless of age, who have a documented addiction to opioid drugs in the past and who may be in jeopardy of abruptly stopping the use of opioids or returning to opioid drug use during pregnancy may be admitted to MAT programs. The MAT clinics will adhere to accepted medical standards of care regarding pregnancy, adequate dosing, and education regarding withdrawal, and appropriate treatment services will be initiated on a priority basis.

Ext. 8262

Minimum Eligibility Criteria:

- Addiction to opioids

Exclusionary Criteria:

- Patients under the age of 18 (except pregnant females)

Point of Contact: Grace Okine

Internal & External Referrals:

- Send to Dedrie Godbolt

Important Notes:

- All MAT clinics accept Medicaid and have self-pay options; some of the clinics may have a limited amount of grant funding available.

MEDICATION ASSISTED TREATMENT (MAT) -OPIATE TREATMENT PROGRAM (OTP) - METHADONE CLINIC

Medical Director - David Kirby Nurse Manager – Dedrie Godbolt Program Director (Palatka) – Patricia Bischoff Clinical Manger (Chiefland & Lake City) - Christie McBee Clinical Manager (Gainesville) - Vanessa Cumber

Population(s) Served: Adult SA, Adult Co-occurring

The OTP program is a SAMHSA-certified clinic providing evidence-based practice treatment combining pharmacological interventions (methadone) with counseling in individual & group sessions for those struggling with addiction to opiates, including heroin. Methadone is taken orally and a dose usually lasts 24-30 hours. In proper dosages, there is no narcotic high, which allows individuals the opportunity to establish a more stabilized lifestyle. Once stabilized, the person served is required to adhere to a strict program of rehabilitative therapy, which includes attendance for medication administration, individual and group counseling based on program phase, monitored/observed drug screens at least monthly depending on program phase, and pregnancy status. There is an emphasis on positive social engagement. These services are provided to adults and their families/significant others by a treatment team of qualified individuals.

Methadone is dispensed to individuals daily for in the beginning phase of this treatment program, and individuals must come to the clinic to receive their dose. A person served can move through a phase system that allows take-home medication once the required phase is reached and upon approval of the physician. An individual who is admitted or placed into the methadone detoxification program is not allowed medication take-homes unless approval is obtained from the state and federal authorities. Pregnant females, regardless of age, who have a documented addiction to opioid drugs in the past and who may be in jeopardy of abruptly stopping the use of opioids or returning to opioid drug use during pregnancy may be admitted to the OTP on a priority basis. The OTP adheres to accepted medical standards of care regarding pregnancy, adequate dosing, and education regarding withdrawal from methadone once started, and appropriate treatment services.

Minimum Eligibility Criteria:

- Must have at least 1 year of addiction to opioids; special conditions apply to pregnant women and those who were in a penal institution prior to intake appt.

Exclusionary Criteria:

- Under the age of 18

Points of Contact: Valerie Littles, LPN - Gainesville

Ext. 8995 Dedrie Godbolt - Chiefland & Lake City Ext. 8976

Internal & External Referrals:

- Send to Dedrie Godbolt

Important Notes:

- All MAT clinics accept Medicaid and have self-pay options; some of the clinics may have a limited amount of grant funding available.

MEDICATION ASSISTED TREATMENT (MAT) -OUTPATIENT DETOX (OPD)

Medical Director – David Kirby Nurse Manager – Dedrie Godbolt Program Director (Palatka) – Patricia Bischoff Clinical Manger (Chiefland & Lake City) – Christy McBee Clinical Manager (Gainesville) – Vanessa Cumber

Population(s) Served: Adult SA, Adult Co-occurring

Outpatient detox is a grant funded program for the treatment of opioid addiction. The program offers intensive outpatient group and individual therapy along with medication assisted treatment. Program participants will complete intensive weekly group and individual sessions combined with medication management. There is no cost for the program and most of the cost of the medications is also covered. If an individual has Medicaid or another form of insurance, it will be utilized, and prior authorizations will be sought for payment. The clients must work towards tapering off of the medications or transition to a long-term MAT program. Individuals will be prescribed either the mono product of just buprenorphine or the combo product of buprenorphine with naloxone, as determined by the physician/ARNP. Buprenorphine is a mixed opioid receptor agonist-antagonist and has been shown to reduce withdrawal symptoms and block the effects of subsequently administered opioids; this allows individuals the opportunity to establish a more stabilized lifestyle.

All services are provided to adults and their families/significant others by a treatment team of qualified individuals. The goal of therapy is to help the person served cope with individual problems that caused him/her to initially abuse drugs, and to affect a lifestyle change, both emotionally and physically. Pregnant females, regardless of age, who have a documented addiction to opioid drugs in the past and who may be in jeopardy of abruptly stopping the use of opioids or returning to opioid drug use during pregnancy may be admitted to this program on a priority basis. This clinic will adhere to accepted medical standards of care regarding pregnancy, adequate dosing, and education regarding withdrawal, and appropriate treatment services.

MEDICATION ASSISTED TREATMENT (MAT) – OUTPATIENT DETOX (OPD)

Medical Director – David Kirby
Nurse Manager – Dedrie Godbolt
Program Director (Palatka) – Patricia Bischoff
Clinical Manger (Chiefland & Lake City) – Christy McBee
Clinical Manager (Gainesville) – Vanessa Cumber

Minimum Eligibility Criteria:

- Addiction to opioids

Exclusionary Criteria:

- Under the age of 18

Point of Contact:

Christy McBee – Columbia & Levy

Patricia Bischoff – Putnam Vanessa Cumber – Alachua

Ext. 8019 (Lake City), 6122 (Chiefland); Cell: 352.647.6308

Ext. 6322; Cell: 352.672.1940 Ext. 8686; Cell: 352.647.1697

Internal & External Referrals:

- Christy McBee Columbia, Levy
- Patricia Bischoff Putnam
- Vanessa Cumber Alachua

Important Notes:

- All MAT clinics accept Medicaid and have self-pay options; some of the clinics may have a limited amount of grant funding available.

MEDICATION ASSISTED TREATMENT (MAT) – VIVITROL CLINIC

Medical Director – David Kirby
Nurse Manager – Dedrie Godbolt
Program Director (Palatka) – Patricia Bischoff
Clinical Manager (Chiefland & Lake City) – Christy McBee
Clinical Manager (Gainesville) – Vanessa Cumber

Population(s) Served: Adult SA, Adult Co-occurring

Medicated Assisted Treatment (MAT) provides evidence-based practice that combines pharmacological interventions (medication) with substance use disorder counseling in individual and group sessions for those struggling with addiction to opiates, alcohol, or both. Vivitrol is a non-addictive, non-narcotic, once-monthly injection used to treat opioid and alcohol addiction. Vivitrol facilitates relapse prevention and has been identified to reduce opiate and alcohol cravings in a majority of patients. It is an opioid antagonist, or blocking medication, that attaches itself to opioid receptors (without dopamine activation) preventing opioids from attaching and activating excessive dopamine release. Individuals seeking admission to the Vivitrol clinic must be free of using any opioids and/or alcohol for at least 7 to 14 days.

Vivitrol is generally considered not safe to take during pregnancy. Individuals who are pregnant and seeking MAT services for addiction may be eligible for admission to the Vivitrol clinic. The MAT physician in conjunction with the individual's obstetrician can evaluate the risks of using Vivitrol versus the continued use of substances on the developing fetus and/or discuss alternative options for treatment.

Minimum Eligibility Criteria:

- Must be opioid-free for at least 7 to 14 days and preferably alcohol-free for at least 7-14 days before starting

Exclusionary Criteria:

- Pregnant women (unless approved by the physician)
- Liver Disease determined from blood work (unless approved by the physician)
- Currently using alcohol or opioids

Point of Contact: Dedrie Godbolt Ext. 8976

Internal & External Referrals:

- Send to Dedrie Godbolt

Important Notes:

- All MAT clinics accept Medicaid and have self-pay options; some of the clinics may have a limited amount of grant funding available.

MENTAL HEALTH FIRST AID (MHFA)

Program Director – Vacant

Population(s) Served: Meridian Staff & External Agencies

Mental Health First Aid program staff provide mental health first aid training under the Mental Health Awareness Grant. The instructors provide training for Adult, Youth and Spanish speaking community members. Staff coordinate all MHFA classes offered under the grant, provide community outreach to promote MHFA, and also coordinate classes that are not covered under the grant.

The target populations for MHFA provision are veterans and families, parents of high-risk youth, college-age students, faith-based groups, aging elders' groups, NAMI and peer groups, school-based personnel, forensic and criminal justice, child welfare, and Spanish-speaking.

Point of Contact: Madeline Adkins Ext. 8652; Cell: 352.681.8582

Internal & External Referrals:

- Anyone interested in scheduling a Mental Health First Aid class can reach out to Madeline Adkins

Important Notes:

- For school-aged children, please see Prevention program (Page 22) for additional information

MOBILE RESPONSE TEAM (MRT)

Program Managers:

MRT North (Columbia, Hamilton, Lafayette, Suwannee) - Pretina

Hutchinson

MRT South (Tri-County) – Pretina Hutchinson/Vonceil Levine MRT East (Baker, Bradford, Union) – Vonceil Levine

Population(s) Served: People experiencing mental health or substance use crisis (does not have to be current Meridian client)

Mobile Response Teams (MRT) provides 24/7 mobile crisis services to people in the community experiencing a mental health or substance use crisis. MRT is offered in all counties except Alachua. They respond to crisis in the community within 60 minutes for crisis de-escalation for the purpose of preventing a Baker Act whenever it is safe to do so. Following the crisis, the MRT team provides care coordination and follow up services to assist the client with access to mental health care for 72 hours.

MOBILE RESPONSE TEAM (MRT)

Program Managers:
MRT North (Columbia, Hamilton, Lafayette, Suwannee) – Pretina

Hutchinson
MRT South (Tri-County) – Pretina Hutchinson/Vonceil Levine
MRT East (Baker, Bradford, Union) – Vonceil Levine

Minimum Eligibility Criteria:

- Actively experiencing a critical mental health and/or substance abuse crisis

Exclusionary Criteria:

- Crisis in Alachua County (if person in Alachua County is in crisis, please contact the Alachua Crisis Center at 352-264-6789). If crisis is in MBH housing in Alachua County, we can respond.

Points of Contact:

MRT Line, for immediate crises 800.330.1615 – Select Option 1, then Option 2

Pretina Hutchinson (North/South)

Vonceil Levine (East/South)

Cell: 352.681.8204

Cell: 352.647.1190

Internal Referrals: & External Referrals:

- MRT can be reached at 1.800.330.1615, Option 1, then Option 2

Important Notes:

- There is no charge for MRT services.
- MRT is operated under a five-year grant-funded program by LSF and aims to reduce Baker Acts, hospitalizations, and incarcerations.
- Callers do not have to be a current Meridian client.
- Can provide face-to-face telehealth services.

MOTHERS INTENSIVE SUPPORTIVE TREATMENT (MIST) – RESIDENTIAL

Program Director – Arthronia Hosley

Population(s) Served: Adult SA, Adult Co-occurring

MIST is 16-bed, multi-faceted treatment program for pregnant and parenting women wo struggle with addiction. The program is housed within the Sid Martin Bridge House in Gainesville. In the MIST program, infants stay with the mother, allowing for crucial bonding that takes place in the early months of development while allowing the mothers to receive treatment and remain drug-free during nursing. The program strives to empower women to become self-sufficient, responsible mothers who are capable of creating a bright future for themselves and their children. Women admitted into the program will remain in the residential component of the program of 6-12 months and then are referred to a less intensive level of care. Treatment is individualized to the needs of the client and their family.

Clients must meet ASAM criteria and provide a physical and proof of shot records for the baby upon admission to the program. Children must be less than 12 months old and only one child is allowed in the program with the mother; visitation with multiple children is allowed.

Minimum Eligibility Criteria:

- Pregnant or within 12 months postpartum
- SA diagnosis primary
- Meets ASAM Level 3.5
- Interventions at less intensive levels of care have failed; and/or,
- History of repeated incarcerations with pattern of relapse
- Living/social environment poses high risk of neglect or abuse
- Medical conditions (including MH) are stable and/or currently being treated

Exclusionary Criteria:

- Males
- Acute intoxication or withdrawal

Point of Contact: Arthronia Hosley Ext. 8257; Cell: 352.647.6404

Internal & External Referrals:

- Contact Access Center - Ext. 5096 or Email: accesscenter@mbhci.org

Important Notes:

- For postpartum mothers: The dependent child (under 12 months) is not required to be in the client's care/custody at the time of admission to MIST; however, if the child is not in their custody, reunification does need to be the goal

OUTPATIENT - ADULT

Program Directors:
Lourdes Berlanga (Jasper & Live Oak)
Nathalie Hervy (Tri-County)
Stefanie Jasper (Gainesville & Palatka)
Vacant (Lake City)
Rabecca Dawson (Macclenny)
Valeria Gorden (Starke & Lake Butler)

Population(s) Served: Adult MH, Adult SA, Adult Co-occurring

The Adult Outpatient Program provides services to individuals experiencing serious behavioral/emotional disturbances and/or substance use disorders to address related functional impairments where there is an indicated need for therapeutic intervention. Outpatient providers utilize evidence-based practices to target the alleviation of adverse symptoms and restoration or development of age-appropriate behaviors, interpersonal skills, coping strategies, etc. that are necessary to achieve and maintain healthy emotional and behavioral functioning.

Outpatient services may be provided on an individual basis or in a group setting; telehealth services are also available. Services are provided by qualified professionals who foster a therapeutic environment that facilitates the development of recovery-oriented goals and objectives to work towards the reduction of symptoms and increased functional engagement and satisfaction. Telehealth and therapy-assisted online counseling options are offered.

Minimum Eligibility Criteria:

- Age 18 and over

Exclusionary Criteria:

- Autism Spectrum as primary diagnosis

OUTPATIENT – ADULT

Program Directors:

Lourdes Berlanga (Jasper & Live Oak)

Nathalie Hervy (Tri-County)

Stefanie Jasper (Gainesville & Palatka)

Vacant (Lake City)

Ext. 8409

Rabecca Dawson (Macclenny) Valeria Gorden (Starke & Lake Butler)

Points of Contact:

Secily Johnson (North) – Executive Program Assistant

Lourdes Berlanga (Hamilton & Suwannee)

Nathalie Hervy (Tri-County) Rabecca Dawson (Baker)

Stefanie Jasper (Alachua & Putnam) Valeria Gorden (Bradford & Union)

Ext. 8967; Cell: 352.260.1557 Ext. 8784; Cell: 352.672.3851 Ext. 6278; Cell: 352.672.2283 Ext. 8116; Cell: 352.514.4028

Ext. 8805; Cell: 352.359.8586

Internal Referrals:

- Latifa Ranganadan Columbia
- Lourdes Berlanga Hamilton, Suwannee
- Nathalie Hervy Dixie, Gilchrist, Levy
- Rabecca Dawson Baker
- Stefanie Jasper Alachua, Putnam
- Valeria Gorden Bradford, Union

External Referrals:

- Contact Access Center

Important Notes:

- Outpatient programs do not offer Sexual Offender or Batterers Intervention therapy programs
- Groups are available for topics related to substance use, depression, anxiety, stress, anger, and well-being

OUTPATIENT - CHILD

Program Directors: Jamie Stormer (Gainesville) Lourdes Berlanga (Jasper & Live Oak) **Nathalie Hervy** (Tri-County) Vacant (Lake City) Rabecca Dawson (Macclenny) Valeria Gorden (Lake Butler & Starke)

Population(s) Served: Child MH, Child SA, Child Co-occurring

The Children's Outpatient Program encompasses therapeutic treatment in the clinic, school, and community-based settings utilizing both individual and group therapy modalities and focusing on children and adolescents with serious behavioral or emotional disturbances and related functional impairments that require intervention. All clients receive a comprehensive biopsychosocial assessment that guides treatment and establishes expected outcomes. Through the use of evidence-based practices, therapeutic services target the alleviation of symptoms and the restoration or development of age-appropriate behavioral, interpersonal, or other skills needed for effective functioning in home, social and school environments. Treatment interventions may include services to help caregivers and/or families build emotional stability and parenting competence, establish appropriate boundaries and roles, facilitate healthy communication patterns, prevent disruptions in living or placement situations within natural families, and/or strengthen the parent-child bond.

Services are provided in the setting and at the level of intensity most appropriate for the child. Thus, some children are seen in their family home and/or school environment and some are seen in the clinic. Services such as intervention programs, psychiatric consultation and community resources are sought as needed to facilitate recovery. Clinic, school-based, and in-home counseling options are available, as are telehealth and therapy-assisted online counseling. Clinicians are also able to work with children who are involved with Partnership for Strong Families (PSF) and Department of Children and Families (DCF).

Minimum Eligibility Criteria:

- Under age 18

Exclusionary Criteria:

- Autism Spectrum as primary diagnosis

Points of Contact:

Secily Johnson (North) - Executive Program Assistant

Jamie Stormer (Alachua & Putnam) Lourdes Berlanga (Hamilton & Suwannee)

Nathalie Hervy (Tri-County) Rabecca Dawson (Baker)

Valeria Gorden (Bradford & Union)

Ext. 8409

Ext. 8271; Cell: 352.275.6896

Ext. 8967; Cell: 352.260.1557

Ext. 8784; Cell: 352.672.3851

Ext. 6278; Cell: 352.672.2283 Ext. 8805; Cell: 352.359.8586

Internal Referrals:

- Jamie Stormer Alachua, Putnam
- Latifa Ranganadan Columbia
- Lourdes Berlanga Hamilton, Suwannee
- Nathalie Hervy Dixie, Gilchrist, Levy
- Rabecca Dawson Baker - Valeria Gorden – Bradford, Union
- **External Referrals:**

Contact Access Center

Important Notes:

- In Tri-County, SA treatment is only offered via individual therapy
- Groups are currently available for topics related to depression, anxiety, stress, anger, and well-being
- For clients involved with PSF and DCF, their case worker MUST be in attendance at the initial session to sign consent; placement letter must also be provided at the initial visit in order for clinician to provide services with foster parent involvement

OUTREACH AND REFERRAL -PROJECTS FOR ASSISTANCE IN TRANSITION FROM HOMELESSNESS (PATH)

Program Vice President – Christine Block

Population(s) Served: Adult MH, Adult Co-occurring

OUTREACH AND REFERRAL – PROJECTS FOR ASSISTANCE IN TRANSITION FROM HOMELESSNESS (PATH)

Program Vice President – Christine Block

Projects for Assistance in Transition from Homelessness (PATH) is a grant-funded program to facilitate engagement in mental health services and service provision for individuals with serious mental illness experiencing homelessness. The PATH program provides the following services: community outreach, brief assessment/referral, service connection and engagement in services.

PATH programs must be capable of linking PATH-enrolled individuals with needed services. PATH programs must place emphasis on street outreach and case management activities to engage individuals who are or are at risk of homelessness and are not already connected with mainstream services (e.g., substance abuse, mental health, housing, employment, etc.). Programs are encouraged to prioritize individuals that meet PATH eligibility who are Veterans and/or are part of the annual Disparity Impact Statement target population.

Minimum Eligibility Criteria:

- Ages 18+
- Serious mental illness (may have co-occurring SA)
- Homeless or at imminent risk of homelessness

Exclusionary Criteria:

- SA disorder without co-occurring MH diagnosis(es) primary
- Behavior/symptoms that present danger to self or others
- Medical conditions requiring skilled nursing care

Points of Contact:

Demetra Dasher – Outreach Specialist Sylvia Anderson – Outreach Case Manager Ashley Means – Administrative Assistant Ext. 8921; Cell: 352.317.5149 Ext. 8280; Cell: 352.538.7439 Ext. 8627; Cell: 352.213.1329

Internal Referrals:

- Send to Demetra Dasher

External Referrals:

Fax referral form to 352.224.2744

Important Notes:

- PATH is operated under a grant, which encompasses the following counties: Alachua, Baker, Bradford, Gilchrist, Levy, and Union

PREVENTION SERVICES

Program Director – Vacant

Population(s) Served: School-aged Youth

Evidence-Based Prevention Programs (i.e., All Stars, Life Skills, Girls Circle, RadKIDS, Elephant in the Room, etc.) intended to reduce the risk of developing behavioral health problems (e.g., underage alcohol consumption or the abuse of drugs, legal or illegal, suicide ideology/behavior) and increase coping and resilience strategies. These programs are taught in the schools or other community-based youth serving organizations and youth must sign up through an organization that is offering them. Additionally, Meridian offers services to school districts to help meet state Department of Education mandates requiring instruction for youth on Mental Health, Human Trafficking, and Substance Use Education. Lastly, Mental Health First Aid certification course trains participants to identify and respond to potential mental illness or substance use disorders until appropriate professional help can arrive. Meridian offers community classes plus business, organization, and school trainings.

Minimum Eligibility Criteria:

- Open to school-aged youth through schools and organizations contracting with Meridian to provide these programs to their populations

Exclusionary Criteria:

Adult populations (see important notes)

Point of Contact: Madeline Adkins Ext. 8652; Cell: 352.681.8582

Internal & External Referrals:

- Contact Madeline Adkins

Important Notes:

- Prevention programs are not to be used for intervention, as prevention funding is prohibited from being used this way
- Grant funding is available to provide programs at no cost to the organization in some cases; prevention staff can help determine if funding exists for a particular request or if minimal charges will apply
- See Mental Health First Aid program (Page 14) for additional information

PRIMARY CARE CLINIC

Program Vice President - Shantel Jones

Population(s) Served:

(i.e., Adult MH, Adult SA, Child MH, Child SA, or other Specialized Population)

Primary Care clinic offers primary care services in the Gainesville location, and soon hopes to begin offering these services in Lake City as well. Primary Care offers disease management, specialty referrals, and general medical care for clients who are receiving services at Meridian.

Minimum Eligibility Criteria:

- Age 18+
- Actively engaged in services with another MBH program

Exclusionary Criteria:

- Not all insurances/LSF clients eligible at this time

Point of Contact: Primary Care Reception Ext. 8990

Internal Referrals:

- Contact Primary Care Reception Desk

External Referrals:

- NA - Must be open to other program/services with MBH

Important Notes:

- Currently accepting all MMA plans and indigent individuals who have been deemed as high utilizers

PSYCHOSOCIAL REHABILITATION

Program Manager – Brian Wilson (Alachua) Program Manager – Mike Hosey (Columbia)

Population(s) Served: Adult MH, Adult Co-occurring

Our Psychosocial Rehabilitation program serves people with certain psychiatric diagnoses who wish to understand more about mental health, and who wish to improve their coping methods, social dexterity, communication, and independent living skills. We work on topics like budgeting, conflict management, emotional management, peer negotiation, and many other areas that are necessary to help a person improve their social competence and independence. The program encourages every member/client to actively contribute to the planning and treatment process as part of an interactive team with their counselors and mental health providers. We strive to work together with other providers, along with family and community supports.

Minimum Eligibility Criteria:

- 18 years of age or older
- Have an approved DSM-V psychiatric diagnosis
- Must meet certain insurance requirements
- Must be able to independently follow the schedule of classes

Exclusionary Criteria:

- Under 18 years of age

Point of Contact:Brian Wilson – Gainesville

Ext. 8311 Ext. 8030

Mike Hosey – Lake City

Internal & External Referrals:

- Brian Wilson Alachua
- Mike Hosey Columbia

Important Notes:

- Program consists of daily classes starting at 7:00 a.m. and running through 12:00 p.m.
- Clients are responsible for transportation to and from classes
- Develops treatment plan with assigned 1:1 PSR counselor

QUALITY IMPROVEMENT / RISK MANAGEMENT

Program Director – Michelle Lisk

The Quality Improvement / Risk Management (QI) department manages a variety of activities, including, but not limited to: regulatory compliance, incident reporting, ADA accommodations, deaf and hard of hearing conformance, concern escalations, legal matters (e.g., subpoenas, law suits, etc.), consumer satisfaction, fire and emergency drills, Center-wide procedures, licensure/permits/accreditation, internal and external audits and corrective action plans, internal surveys, internal and external performance measures and standards (e.g., peer review audits, Medicaid audits, contract deliverables, etc.), and insurance facility credentialing. The QI department also oversees Meridian's Emergency Response Team and Quality Improvement Committees: Care Coordination, Health & Safety, Pharmacy, Risk Management, Seclusion & Restraint Oversight, Stakeholder Relations, and Standards of Care.

Points of Contact:

Michelle Lisk - Director

Sammi Schiappucci - QI Analyst & Deaf and Hard of Hearing SPOC

Dominique Holmes – Internal Auditor

Ext. 8219; Cell: 352.363.7381

Ext. 8317

Ext. 8347

Important Notes:

- Critical Incidents require verbal reporting to QI and an online incident report; please refer to Chapter 4 procedures in PolicyTech for specifics/details
- Please do not send complaint calls to QI Client Concerns can be received/entered by any staff using the incident reporting system; an effort to resolve the issue should also be made by receiving staff/appropriate mgmt. so resolution is not further delayed

RECOVERY CENTER - RESIDENTIAL

Program Manager – Felicia Rogers

Population(s) Served: Child SA, Child Co-occurring

Located in Lake City, the Recovery Center is an 18-bed substance abuse residential treatment program for adolescents ages 13 to 17. The program is six months in duration, and admission is based on ASAM Residential Level 3.5 criteria.

The program offers a variety of activities and services, including counseling, medical (medications), supportive interventions, therapeutic individual and group activities, and facilitation of educational requirements and goals. All activities and services are provided in a structured environment that stresses the development of healthy coping and problem-solving skills to enable adolescents to better deal with family, personal, and social problems, and they are designed to increase post-discharge resiliency.

School attendance is mandatory and is conducted through the Columbia County School System. There are options for GED, with parental approval, and credit recovery assistance for those who have fallen severely behind.

Minimum Eligibility Criteria:

- Ages 13 to 17
- Substance Use Diagnosis(es); must be primary
- ASAM Level 3.5 Criteria

Exclusionary Criteria:

- Legal involvement with no substance use
- History of serious violence and/or sexual offenses

Point of Contact: Felicia Rogers Ext. 8021; Cell: 352.647.1910

Internal Referrals:

- Send to Felicia Rogers

External Referrals:

- Contact Access Center

Important Notes

- Individuals involved in the legal system may still be eligible for admission, especially those with charges related to substances

RECOVERY CENTER - RESPITE

Program Manager – Felicia Rogers

Population(s) Served: Child MH, Child Co-occurring

RECOVERY CENTER - RESPITE

Program Manager - Felicia Rogers

MBH Respite is room and board program with supervision for children. The main function of the program is to provide children experiencing behavioral and/or social obstacles an opportunity to disengage from their home environment and provide a healthy, safe, nurturing atmosphere which will allow children to reflect on their actions, identify stressors that have led to negative outcomes and work to develop the skills necessary to make positive decisions in the future.

Residents participate in various structured activities including, but not limited to, the following: parental involvement in assessment and development of treatment goals, therapeutic and group activities to facilitate positive communication and working relationships between parent(s) and children, continued attendance at home schools to prevent interruption in academic and social routine when possible, participation in on-site school when necessary, daily psycho-educational and life skills workshops, daily "study hall" to promote academic achievement and school engagement, and weekly youth support groups to allow residents to share and help one another.

Minimum Eligibility Criteria:

- Age 17 and Under
- Mental Health diagnosis(es); must be primary

Exclusionary Criteria:

- Age 18+
- Youth who are actively psychotic, homicidal, or suicidal

Point of Contact: Felicia Rogers Ext. 8021; Cell: 352.647.1910

Internal Referrals:

- Send to Felicia Rogers

External Referrals:

- Contact Access Center

Important Notes

- Meridian provides Respite Care under contracts with LSF and Partnership for Strong Families

RECRUITING Program Director – Vacant

Meridian's Recruiting department is responsible for planning, organizing and directing all phases of a comprehensive and diversified recruiting program. We partner with managers to develop staffing strategies, implement cost effective recruitment plans, provide consultation throughout the selection process to maximize fit and retention and work with employees to determine potential internal growth opportunities within the organization.

Points of Contact:

Beatrice Benson Ext. 8334
TeAna Williams Ext. 8493

External Referrals:

- Employee Referral Bonuses Available – See HR Zone on Intranet for details.

Important Notes:

- Internal Applications may be downloaded via the Employee Intranet.
- All Internal Applications must be vetted by Recruiting <u>prior</u> to conducting any interviews.

SSI/SSDI OUTREACH, ACCESS, AND RECOVERY (SOAR)

Program Manager – Rhonda Lynch

Population(s) Served: Adult MH, Adult Co-occurring

The SSI/SSDI Outreach, Access, and Recovery (SOAR) program is designed to utilize a more direct process to assist individuals with applications and appeals for disability benefits. The program was designed for eligible individuals who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder.

The SOAR Specialist operates as the point of contact and facilitates collection of all documentation and information needed from the Social Security Administration (SSA) and Disability Determination Services (DDS). This documentation minimally includes all relevant medical records and generating a Medical Summary Report (MSR) for submission. The MSR provides an overview of the individual and is the critical component of the SOAR process as it is a comprehensive, concise summary of the individual's medical history and gives a description of functional impairments preventing the individual from being able to work. The goal of SOAR services is to increase direct communication and collaboration with SSA and DDS, thus providing an expedited application, appeal, and determination process overall.

Minimum Eligibility Criteria:

- Serious mental or physical illness that affect ability to work
- Illness(es)/condition(s) have lasted or are expected to last at least 12 months or result in death
- Currently exhibiting symptoms of mental illness or has periods of worsening symptoms preventing sustainable employment
- Marked restrictions in at least TWO of these functional areas:
 - » Understanding, remembering, or applying information
 - » Interacting with others
 - » Concentrating, persisting, or maintaining pace on activities/tasks
 - » Adapting or managing themselves

Exclusionary Criteria:

- Under 18 years of age
- Working with a Disability attorney

Point of Contact: David Zollicoffer – SOAR Specialist Ext. 8684; Cell: 352.672.1309

Internal Referrals:

- Send to David Zollicoffer

External Referrals:

- Rhonda Lynch

Important Notes:

- For information on targeted case management services, please refer to Case Management program (Page 7)

STAFFING

Program Administrator – Danielle Dixon

Staff Served: Nurses, Mental Health Techs, Emergency Screening Coordinators & Recovery Specialists working in 24/7 programs

STAFFING

Program Administrator – Danielle Dixon

Meridian's Staffing department oversees all staffing administration and schedule management for 200+ employees, ensuring we are in line with center-wide strategic initiatives, federal staffing regulations and budget. The Staffing department provides On-Call coverage 24/7 for staffing emergencies and callouts in the following programs: Bridge House, SAPP, MIST, Transitions, Lodge, Recovery Center, CSU's and Addiction Receiving.

Point of Contact: Danielle Dixon – Staffing Administrator

Ext. 8880; 352.275.4780

SUBSTANCE ABUSE PICC PROGRAM (SAPP)

Addictions Medical Director – David Kirby Program Director – *Vacant*

Population(s) Served: Adult SA

Meridian's Substance Abuse PICC Program (SAPP) is a diversion program that allows for patients in hospitals who have a history of IV drug use which prevents them from returning home with a PICC line for their antibiotics and have current severe infection that requires antibiotics through a PICC line to come to this specialized unit for services. Instead of the patient staying in the hospital for 6-8 weeks or longer, if needed, they can receive 24/7, monitored treatment in the SAPP clinic, as well as case management services relating to their condition for a fraction of the cost. All referrals for this program should go to Medical Director for approval and then will be seen bedside at the hospital for an assessment for appropriateness for the SAPP Unit. This is a Residential Unit so clients must be independent in all activities of daily living. Most of these clients are receiving narcotics for pain so they must be weaned to every 8 hours for pain management as there is not a nurse on the unit from 11pm – 7am to give a controlled substance. There is a nurse in the SAPP program Monday through Friday from 8am-5pm and nursing coverage from Bridge House nurse from until 11pm during the week and on weekends.

Minimum Eligibility Criteria:

- Taking controlled substances at a frequency of every 8 hours or less
- Independent in performing all activities of daily living
- Must have signed consent from client

Exclusionary Criteria:

Cannot be taking any Benzos, unless prior approval obtained from the Medical Director

Point of Contact: Sabrina Brown

Ext. 8869; Cell: 352.672.0695

Internal & External Referrals:

- Send all to Sabrina Brown
- Shands HomeCare Specialist 352.265.0111 x50476; Cell: 407.421.9901

Important Notes:

- SAPP is a locked unit; clients are to only leave the unit in the company of the nurse, clinician or recovery specialist
- Clients are transported to and from any medical appointments by approved center drivers in MBH vehicles and monitored during this time to prevent inappropriate use of the PICC line
- Clients are encouraged during their stay to attend at least 2 groups a day
- Visiting hours are on Tuesdays and Wednesdays from 3pm to 5pm; all visitors are searched for any contraband prior to coming on the unit

SUPPORTED EMPLOYMENT

Program Manager - Brian Wilson

Population(s) Served: Adult MH & SA

The Supported Employment program is offered to clients of Meridian who already receive services at the agency through other primary programs, such as: Adult Outpatient, Rehabilitative Services, and Psychiatric Services. The Job Coach assists clients in finding and maintaining employment in the surrounding community. The Job Coach provides support in resume development, job searching, completing applications, interviewing techniques, coping with job/workplace stressors and learning about resources in the community.

Minimum Eligibility Criteria:

- Must be 18 or older
- Active in primary treatment program
- Lives in Gainesville

Exclusionary Criteria:

- Under 18 years of age
- Not actively engaged in treatment with another program at Meridian
- Lives outside of Gainesville

Point of Contact: Brian Wilson

Ext. 8311

Internal Referrals:

- Send to Brian Wilson

External Referrals:

- Referrals are not accepted from external sources

Important Notes:

- Please discuss the requirements of program with the client (ensuring they meet them) before submitting internal referral
- Client's primary program will maintain responsibility for completing treatment plan updates

SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)

Program Manager – Tanaka Gates

Population(s) Served: Veterans & Families

Supportive Services for Veteran Families (SSVF) is a federally funded program through the Department of Veterans Affairs (VA) that was established to help Veteran families who are homeless or at risk of homelessness quickly regain or maintain stability in permanent housing. Meridian was granted funding to provide supportive services to eligible individuals. The SSVF program is located in Gainesville in separate offices off-site of the main Gainesville Campus. Although the offices are located in Alachua County, the SSVF program offers an array of outreach and engagement serves to individuals throughout the following 11 counties: Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Putnam, Suwannee, and Union. The annual program goal is to serve 250 Veteran households per grant year and services are free of charge providing eligibility requirements are met.

SSVF purpose and focus is centered on the Housing First Model in which housing stability is the primary intervention in working with people experiencing homelessness. Housing First moves the individual or household immediately from the streets or shelters into their own permanent housing. The Housing First approach is based on the concept that a homeless individual or household's first and primary need is to obtain stable housing and other issues that may affect the household can and should be addressed once housing is obtained. Housing is not contingent on compliance with support services, but participants must comply with a standard lease agreement and are provided with services and supports that are necessary to help them do so successful. Meridian SSVF

SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)

Program Manager – Tanaka Gates

utilizes the Housing First model to ensure we make available all of the supports our Veterans need while transitioning into housing, and that we place particular emphasis on those that assist them in meeting their responsibilities as tenants and in complying with a standard lease agreement.

Staff work with Veterans to complete a screening packet and are able to assist with any emergency referrals that may be determined needed during the intake process. Part of the screening process ensures Veterans meet the eligibility criteria and are appropriate for services. Staff then work with the individuals and community partners to obtain and maintain housing. Supportive services specialists meet with participants and conduct home visits to adequately assess issues that could jeopardize continued tenancy, review for any additional services needed, and to assist in preserving landlord-tenant-grantee relationships so participating landlords will be willing to house other Veteran households. Under Housing First, home visits by SSVF supportive services specialists increase the likelihood of preserving both the Veteran's housing and the grantee's relationship with the landlord.

Minimum Eligibility Criteria:

- Eligible Veteran
- Homeless or at risk of homelessness
- Meets HUD income guidelines for their area
- Meets "But for Rule," and must have NO other:
 - » Subsequent housing options
- » Financial resources to obtain or remain in immediate housing
- » Support network or resources needed to obtain or remain in immediate housing

Exclusionary Criteria:

- Currently in stable/permanent housing

Point of Contact: Tanaka Gates Ext. 8913; Cell: 352.231.3824

Internal & External Referrals:

- Contact Tanaka Gates

Important Notes:

- SSVF offices are located at 1405 NW 13th Street, Suite E; Gainesville 32601

UTILIZATION MANAGEMENT

Program Manager – Leah Lanham

Population(s) Served: All

The Utilization Clerks and Utilization Review Counselors operate together in conjunction with the Financial Counselors (see Important Notes section for more info) to ensure maximum reimbursement is obtained for the treatment and services we provide. The Utilization Clerks and Utilization Review Counselors work mainly with MBH providers and insurances to determine what documentation is required and provide adequate justification of medical necessity in order to ensure continued payment for treatment and services provided.

Utilization Clerks work on outpatient services along with providers to manage those accounts that have services requiring ongoing authorization. They work closely with clinical staff to complete the authorization request forms and to gather as much clinical information as possible to support the individual's continued need for treatment and services. Utilization Review Counselors manage inpatient bed days and work closely with the physicians, nursing, and counseling staff to gather sufficient clinical documentation to support the medical necessity of the admission and request for continued stay. They manage a "dashboard" that gives the inpatient Billing Clerks essential information about what was allowed and covered by insurance and provides secondary assurance that all the information has been entered correctly in Essentia.

Ext. 8955 Ext. 8119

Points of Contact:
AzzuDee Johnson – Lead Financial Counselor
Leah Lanham – Utilization Manager

Internal & External Referrals/Requests:

- AzzuDee Johnson

Important Notes:

- For questions related to client responsibility, Consent to Treat documentation, or eligibility/benefits, please refer to Financial Counselors program (Page 9)

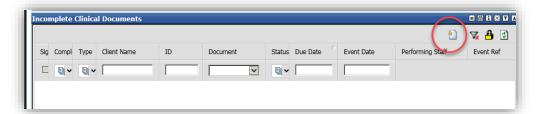
APPENDIX A - HOW TO COMPLETE & REVIEW INTERNAL REFERRALS IN ESSENTIA

STEPS WHEN SENDING A REFERRAL

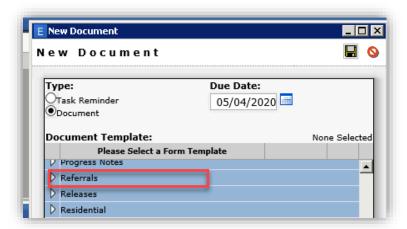
Activate Client in Essentia.

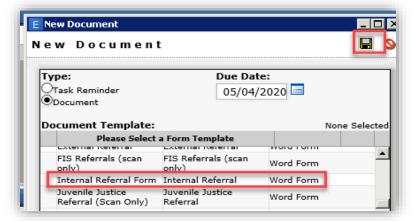


- Create the Internal Referral form:
 - » From your **Incomplete Clinical Documents** portal, click the "New" icon.

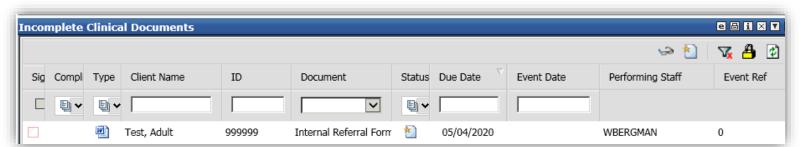


» Select Referrals as the new document template. Scroll down and select form titled Internal Referral Form, then click the "Save" icon.

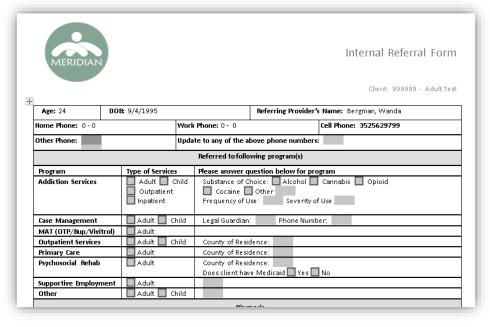




The Internal Referral Form will populate your Incomplete Clinical Documents portal – Double click to open document.



- Fill in all requested information on referral form:
 - » Complete top sections of the form verify phone numbers, select department referral is being made to, answer additional program questions.
 - NOTE: Can only refer to one program at a time. If multiple referrals are indicated, a separate form must be completed for each program.

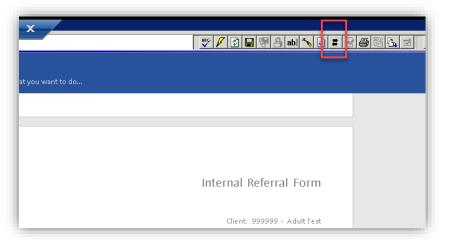


- » Complete Reason for Referral section provide relevant client-specific information, filling in detailed reasoning, identifying the expected outcome.
 - **NOTE:** DO NOT sign and/or complete document yet.

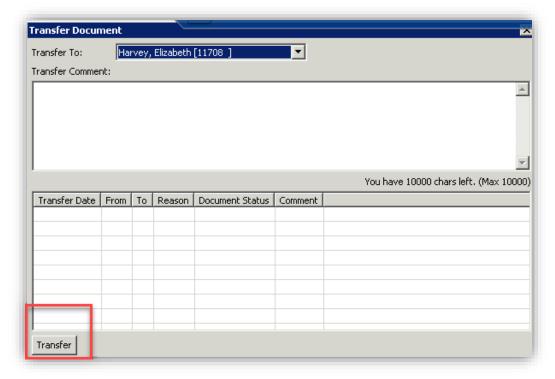
Reason for Referral

Detail reason for referral:
Expected outcome:
Receiving Program Comments: (include any scheduled appointment)
Signatures

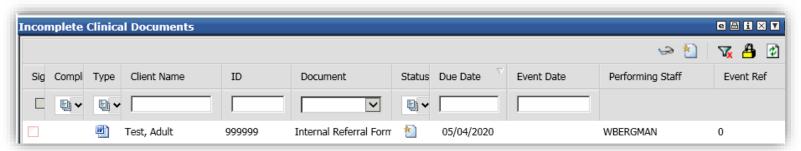
- ▶ Once completed, you will then Transfer the document to the appropriate individual in program leadership:
 - » Select "Transfer" using the double arrows at the top of the page in the tool bar.



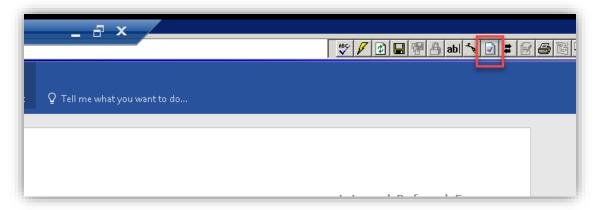
- » A box will pop up Select the name of the person you are sending the referral to using the drop down list; then, click **Transfer** at the bottom left.
 - NOTE: When transferring forms, select the Program Manager or Director listed in the reference guide, unless otherwise noted.



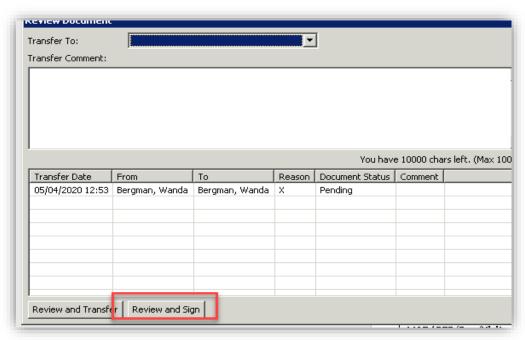
- After program review has been completed, the referral form will be transferred back to you for review, signature, and completion of the document:
 - » Open the document from your Incomplete Clinical Documents box.



» After reviewing program response, select "Review Document" using the red checkmark icon at the top of the page in the tool bar.

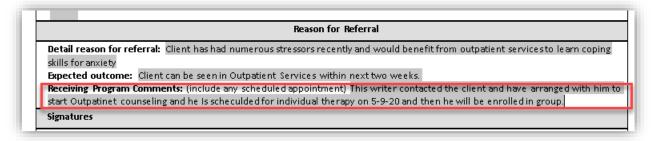


» A box will pop up – Click **Review and Sign** at the bottom left. This will complete and close the referral form.

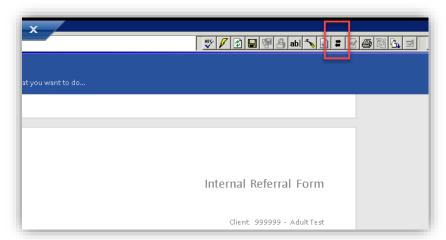


RESPONSIBILITY OF RECEIVING PARTY

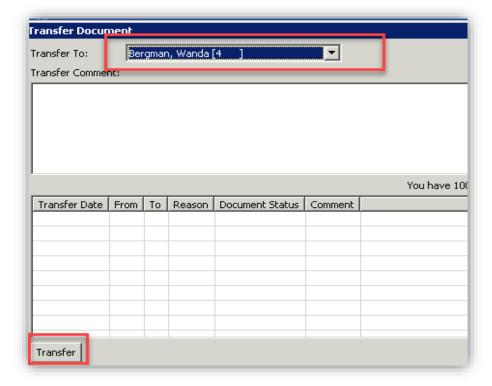
- ▶ Review the Internal Referral Form and assess for acceptance to program
 - » Take appropriate next steps i.e. contact client for additional information, assign client to a provider, schedule appointment, etc.
- ▶ Provide your feedback and/or next steps taken in the <u>Reason for Referral</u> section.



- Once you have completed your comments, you will transfer the form back to the person who completed the original form by using the double arrows to transfer the document:
 - » Select "Transfer" using the double arrows at the top of the page in the tool bar.



» A box will pop up – Using the drop down list, select the name of the individual who referred the client to your program, unless otherwise noted; then, click **Transfer** at the bottom left.



The Internal Referral Form can be found in the Clinical Records section under the Referrals tab.

