

## **Meridian Behavioral Healthcare**

Meridian Behavioral Healthcare is a multidisciplinary system of care that specializes in the treatment of individuals challenged by mental health and substance use disorders. We've been in existence for more than 50 years. At Meridian, we firmly believe that every person has an inherent capacity for growth and resilience, regardless of the challenges they face.

Our treatment programs combine evidence-based practices with innovative therapeutic approaches, ensuring a comprehensive and individualized care plan. We offer a range of services, including psychotherapy, medication management, group therapy, wellness activities, and educational workshops. We empower individuals to actively participate in their recovery journey, reclaiming their lives and building a solid foundation for a hopeful future.





\*See back for service areas.

### **Overview of Services**

#### **Adult and Children**

- Outpatient
  - Counseling
  - Intervention
  - Psychiatric
- Family Intervention
  - Case Management
- Juvenile Drug Court

#### **Substance Use Disorders**

- Outpatient:
  - Intervention
  - Day Treatment
  - Opiate Treatment
- Individual and Group Therapy
- Residential and Aftercare
- Mother's Intensive Supportive (MIST)
- Co-occurring Disorders Treatment

#### **Crisis**

- Mobile Response Teams (MRTs)
- Crisis Stabilization Units (CSU):
  - Adult
  - Child
- Baker Act & Marchman Act
- Short Term Residential Treatment Center
- Crisis Support
- Family Crisis Intervention
- Detox

#### **Severe and Persistent Mental Illness**

- Outpatient
  - Counseling
  - Intervention
  - Psychiatric
- Residential
  - Group Homes
  - Supported Apartments
  - Housing Support
- Homeless Enrichment Liaison Program
- Florida Community Action Team (FACT) only in Ocala, FL
- Forensic Case Management
- Rehabilitation Services
- Supportive Employment Program

#### **Prevention**

- TEXT4HELP
- \*Must be 18 to participate
- Mental Health First Aid
- Youth Mental Health First Aid

#### School-Based

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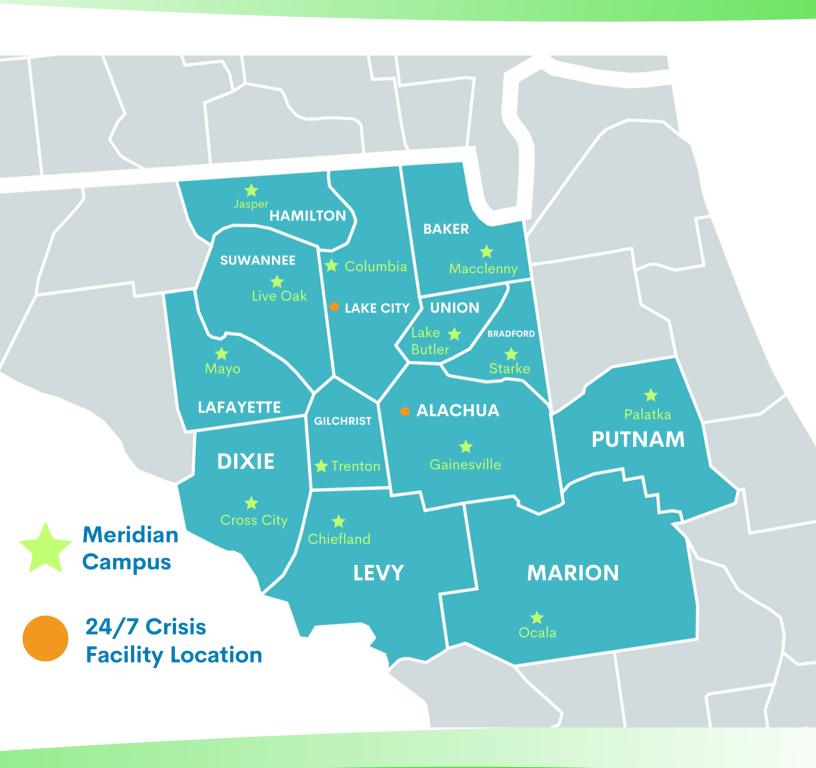
#### **Insurance/Payment Options:**

Meridian accepts many major insurance plans, including commercial, Medicaid, and Medicare. We also offer a sliding fee scale for patients with a financial hardship. In addition, we have funding to provide care to those without medical insurance coverage. Call us at 352-374-5600, Option 2 for our Access Center or the Billing Department at ex. 8323 for more information.

In a crisis? Call our Mobile Response Team.
Crisis Line: (352) 374 - 5600, Option 1
Suicide and Crisis Lifeline: 988
MyMeridianHealthcare.org



# Service Locations



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